

Squad training Times



With effect from Sunday 1 November 2015

A 1				A 2			
Sun	Dronfield	18:45	- 20:00	Sun	Dronfield	19:00	- 20:00
Mon	Dronfield	19:15	- 21:15	Mon	Dronfield	19:15	- 21:15
Wed	Dronfield	20:00	- 21:30	Wed	Dronfield	20:00	- 21:30
Thu	Graves	18:30	- 19:30	Thu	Graves	18:30	- 19:30
Fri	Ponds Forge	19:30	- 21:00	Fri	Ponds Forge	19:30	- 21:00
Sat	Dronfield	07:00	- 08:00am	Sat	Dronfield	07:00	- 08:00am
B 1				B 2			
Sun	Dronfield	18:00	- 19:00	Sun	Dronfield	18:15	- 20:00
Mon	Dronfield	19:15	- 21:15	Mon	Dronfield	19:15	- 20:15
Thu	Graves	17:30	- 18:30	Thu	Graves	17:30	- 18:30
Fri	Ponds Forge	19:30	- 21:00	Fri	Dronfield	20:15	- 21:15
Sat	Dronfield	07:00	- 08:00am	Sat	Dronfield	07:00	- 08:00am
C 1				C 2			
Sun	Dronfield	17:45	- 19:00	Sun	Dronfield	17:45	- 18:45
Thu	Dronfield	19:00	- 20:00	Thu	Dronfield	19:00	- 20:00
Fri	Dronfield	19:15	- 20:30	Fri	Dronfield	19:15	- 20:15
Sat	Dronfield	17:45	- 19:00	Sat	Dronfield	17:45	- 19:00
D 1				D 2			
Sun	Dronfield	17:00	- 18:15	Sun	Dronfield	17:00	- 18:00
Fri	Dronfield	19:15	- 20:30	Thu	Dronfield	19:00	- 20:00
Sat	Dronfield	17:45	- 19:00	Fri	Dronfield	19:15	- 20:15
E 1				E 2			
Sun	Dronfield	17:00	- 17:45	Sun	Dronfield	17:00	- 17:45
Sat	Dronfield	17:00	- 18:00	Sat	Dronfield	17:00	- 17:45
Senior Club (S1)				Land training			
Sun	Dronfield	19:00	- 20:00	Saturday 5pm to 6pm Saturday squads A1, A2, B1, B2, S1, C1 & C2			
Mon	Dronfield	20:15	- 21:15				
Wed	Dronfield (S1)	20:00	- 21:30				
Fri	Dronfield	20:15	- 21:15				
Sat	Dronfield	07:00	- 08:00am				