



**Calne ALPHA**



**Calne Alpha Swimming Club**

**Present their**

**Level 3 Open Meet**

**9<sup>th</sup> & 10<sup>th</sup> April 2016**

**3SW160370**

at

**Calne Leisure Centre**

Anti-wave lane ropes, Electronic timing,  
25m, 5 lane pool

Awards for 9, 10/11, 12/13,  
14/15 & 16/Over age groups

Age as of 10<sup>th</sup> April 2016

Refreshments available, Free Parking, viewing from  
gallery or limited space on pool side.

**Closing date for entries 19<sup>th</sup> March 2016**

**[HY-Tek Entry File available from Club Website](#)**

Under ASA Laws and Regulations & ASA Technical  
Rules of Racing.



# Calne ALPHA



## Programme of Events

### **Saturday 9<sup>th</sup> April**

**Session 1** – Warm up commences at 10.45am      **Start 11.30am**

Boys – 200m Freestyle  
Girls – 200m Breaststroke  
Boys – 100m Butterfly  
Girls – 200m I M  
Boys – 50m Backstroke  
Girls – 50m Butterfly  
Boys – 100m Freestyle

**Session 2** – Warm up commences at 13.45      **Start 14.30**

Girls - 200m Freestyle  
Boys– 200m Breaststroke  
Girls – 100m Butterfly  
Boys – 200m I M  
Girls – 50m Backstroke  
Boys – 50m Butterfly  
Girls – 100m Freestyle

### **Sunday 10<sup>th</sup> April**

**Session 1** – Warm up commences at 10.45am      **Start 11.30am**

Boys – 200m Backstroke  
Girls – 200m Butterfly  
Boys – 100m Breaststroke  
Girls – 100m Backstroke  
Boys – 50m Freestyle  
Girls – 50m Breaststroke

**Session 2** – Warm up commences at 13.45      **Start 14.30**

Girls - 200m Backstroke  
Boys– 200m Butterfly  
Girls – 100m Breaststroke  
Boys – 100m Backstroke  
Girls – 50m Freestyle  
Boys – 50m Breaststroke



# Calne ALPHA



**Level 3 Open Meet, Licence no;- 3SW160370**

**9<sup>th</sup> & 10<sup>th</sup> April 2016**

**Closing Date 19<sup>th</sup> March 2016 (No entries will be accepted on the day)**

Name.....Male/Female D.O.B.....

Contact No:..... ASA no;.....

Distance	Stroke	Entry Time
50m (9 & over)	Freestyle	
100m (10 & over only)	Freestyle	
200m (9 & Over)	Freestyle	
50m (9 & Over)	Breaststroke	
100m (10 & over only)	Breaststroke	
200m (9 & Over)	Breaststroke	
50m (9 & Over)	Backstroke	
100m (10 & over only)	Backstroke	
200m (9 & Over)	Backstroke	
50m (9 & Over)	Butterfly	
100m (10 & over only)	Butterfly	
200m (9 & Over)	Butterfly	
200m (9 & Over)	Individual Medley	
	Number of entries @£4.50.....	Total =

**Declaration – I hereby declare that:**

- I accept and will abide by the conditions/rules laid down by Calne Alpha as circulated with the entry information.
- I will comply with all pool management safety conditions
- All particulars I have given are correct

Signed..... (Swimmer)

Signed..... (Parent/Guardian)

Date.....



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## Level 3 Open Meet April 2016 Rules & Conditions

1. The meet will be held under ASA laws and regulations and ASA technical rules of racing. Licence 3SW160370
2. All competitors must be Category 2 registered with the ASA.
3. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1998, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal Data will be available for inspection during the Meet on application to the Promoters.
4. Age groups are based on ages at 10<sup>th</sup> April 2016
5. A competitor may compete under the name of one club only.
6. Applications for entry must be correctly submitted by the specified date, Friday 19<sup>th</sup> March 2016, to Mrs D Parker – [ant.debs@gmail.com](mailto:ant.debs@gmail.com) or 4 Low Lane, Calne, Wilts SN11 8EQ, and on **Hy-Tek entry file** for 9 swimmers or more. Late entries may be accepted at the discretion of the promoter, but not to the detriment of entries received on time. Entries received without payment will not be processed. Hy-Tek entry file available from Club website.
7. The promoter will limit the number of entries should the events be oversubscribed; the entries will be accepted on a first come basis. Strictly no refunds on accepted entries.
8. Clubs sending more than 5 swimmers must provide 1 official, over 10 swimmers 2 officials
9. Age groups/events; 9, 10/11, 12/13, 14/15 & 16/Over. All events will be heat declared.
10. The heats will be seeded on entry times. All swimmers must have achieved times within the entry criteria applied in the attached table.
11. The first three in each age group will receive an award. Awards can be collected when results are posted. Swimmers who exceed the upper limit qualifying times will not receive an award but will be awarded speeding tickets.
12. Competitors must report to the marshals, one event before their own event. Failure to do so may mean exclusion from the event.
13. All starts will be at the deep end of the pool. All starts will be over the top, except backstroke races.
14. The entries will not be accepted without the purchase of a Coaches pass. COACHES are responsible for their swimmers at all time.
15. Warm up times. As listed in program details. Diving is only permitted in sprint lanes. Warm up procedures will be listed prior to the start of the meet.
16. The promoter reserves the right to refuse admission to any competitor or spectator.
17. Result sheets will be forwarded via email.
18. The promoter's decision is final, subject to ASA Law.
19. Note: The electronic timing is provisional and may be over ruled by the referee.
20. Disabilities must be reported to the referee before the session of their event. A copy of their ASA certificate of permanent disability must be produced if requested. Failure to comply could result in disqualification from their events.
21. Closing date for entries is midnight on Friday 19<sup>th</sup> March 2016. Failure to return entries will result in swimmers being excluded from the event.
22. Programme of events Warm up times are provisional & may be subject to change once the entries have been received. Swimmers will be notified accordingly.
23. In accordance with recommendations of the ASA child protection policy, any person wishing to use video, zoom or close range photography, including mobile phones that have photographic capabilities should first register their details with the meet management.
24. The meet management & promoters reserve the right to change the meet rules at their discretion. Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the meet management or the promoters.
25. Competitors, Parents/Guardians are requested to respect the other users of the Leisure Centre at all times during the meet
26. All participants must observe the safety precautions in operation at the Calne Leisure centre. Neither the meet management or the promoters or Calne Alpha Swimming Club will be responsible for any loss or damage occurring during the meet.
27. Spectators entrance fee:- £3 per day per adult or £5 per family per day, including programme.
28. The most important rule – **HAVE FUN!**



# Calne ALPHA



## Qualifying Times – No faster than times below

<b>Boys</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15+</b>
50m Freestyle	33.00	31.50	30.00	27.50	26.80	25.90	25.00
100m Freestyle		1.06.50	1.04.50	1.02.90	57.90	55.80	54.50
200m Freestyle	2.45.00	2.30.00	2.22.00	2.13.50	2.06.00	2:00.00	1.58.00
50m Breaststroke	46.00	42.50	40.00	36.80	35.00	32.90	30.44
100m Breaststroke		1.25.00	1.22.00	1.19.25	1.14.80	1.10.60	1.09.60
200m Breaststroke	3.28.00	3.15.00	2.55.00	2.50.60	2.40.80	2.32.68	2.31.60
50m Butterfly	39.00	37.00	35.50	33.90	32.50	28.50	25.88
100m Butterfly		1.14.30	1.11.00	1.08.50	1.05.00	1.01.80	59.00
200m Butterfly	3.15.00	2:55.00	2.40.00	2.32.48	2.24.00	2.15.72	2.14.00
50m Backstroke	40.00	36.00	34.50	33.10	32.00	28.50	28.07
100m Backstroke		1.19.00	1.16.50	1.08.70	1.05.00	1.01.86	1:00.60
200m Backstroke	2.50.00	2.40.00	2.30.00	2.28.20	2.19.80	2.13.52	2.11.90
200m Ind Medley	2.50.00	2.45.80	2.37.30	2.31.95	2.22.70	2.17.30	2.17.90

<b>Girls</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15+</b>
50m Freestyle	33.00	32.00	31.00	29.20	28.00	27.75	27.35
100m Freestyle		1.09.50	1.04.50	1.02.37	1.00.44	1:00.92	59.02
200m Freestyle	2.45.00	2.30.00	2.18.10	2.14.06	2.09.89	2.07.62	2.07.00
50m Breaststroke	46.00	42.50	40.00	36.90	35.80	34.00	34.41
100m Breaststroke		1.28.50	1.24.00	1.19.48	1.16.78	1.15.60	1.15.80
200m Breaststroke	3.28.00	3.15.00	2.55.00	2.52.00	2.45.02	2.42.11	2.40.90
50m Butterfly	39.00	37.00	35.50	32.80	31.50	30.50	29.21
100m Butterfly		1.23.50	1.21.00	1.09.92	1.07.43	1.05.82	1.04.91
200m Butterfly	3.15.00	3.05.00	2.45.00	2.35.40	2.27.67	2.24.75	2.23.80
50m Backstroke	40.00	36.00	34.50	32.80	31.80	30.20	31.18
100m Backstroke		1.18.50	1.14.50	1.10.75	1.07.36	1.05.95	1.06.38
200m Backstroke	2.50.00	2.40.00	2.33.00	2.28.90	2.23.90	2.20.39	2.22.00
200m Ind Medley	2.50.00	2.45.80	2.37.30	2.32.50	2.27.10	2.24.25	2.25.25



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## CONSOLIDATED ENTRY FORM

CLUB.....

CONTACT ADDRESS.....

TEL: NO:.....

E-MAIL.....

Total Number of Swimmer Entries \_\_\_\_\_

Total Cost of Entries @ £4.50 each \_\_\_\_\_

Coaches Passes Number (Max 2 per Club) \_\_\_\_\_

Total Cost of Coaches Passes @ £10.00 each \_\_\_\_\_

Total Cheque enclosed \_\_\_\_\_

Names and Contact details of officials (minimum of 1 official if sending more than 5 swimmers, 2 officials for over 10 swimmers)

1.

2.

3.

(All Cheques should be made payable to Calne Alpha 4)

Reply to:

Mrs Debra Parker

4 Low Lane,

Calne, Wilts SN11 8EQ

Telephone: 07486691829

Email: ant.debs@gmail.com