

Rising Stars Swimming Gala

Sunday 12th July 2015

5.30pm – 8.00pm, warm up 5.10 – doors open 5.00pm

Venue: Shipley Pool

The Bradford Swimming Development Group invites your entries for the Rising Stars Gala on Sunday 12th July.

The Gala entry is limited to members of the 5 clubs in the Bradford Swimming Development Group, Bradford Dolphins, Bradford, Bingley, Ilkley and City of Bradford. In the case of City of Bradford - this gala is only open to members of the Winning Edge squad, including those in transition to Junior Development.

You must be aged between 8 and 14 inclusive on the day of the gala to enter.

Maximum entry times have been set, so if you have swum faster than the times below, in a meet with electronic timing your entry will be automatically rejected. Times at club meets, B&D and A&W meets are allowed. (i.e. you will not be rejected on the basis of these times).

Medal and ribbons will be awarded for places 1 to 6 in each age group 8, 9, 10, 11, 12 and 13/14.

Event Stroke	Age Group	Distance	Stroke	Event	Age Group	Distance	
1/2	9-10 years boys/ girls	50m	Backstroke	3/4	11/14 years boys/ girls	50m	
5/6	8 years boys/ girls	25m	Backstroke	7/8	9-10 years boys/ girls	50m	
9/10	11/14 years boys/ girls	50m	Breaststroke	11/12	8 years boys/ girls	25m	
13/14	9-10 years boys/ girls	50m	Fly	15/16	11/14 years boys/ girls	50m	Fly
17/18	8 years boys/ girls	25m	Fly	19/20	9-10 years boys/ girls	50m	
21/22	11/14 years boys/ girls	50m	Freestyle	23/24	8 years boys/ girls	25m	
25/26	9-10 years boys/ girls	100m	I. Medley	27/28	11/14 years boys/ girls	100m	I.

Qualifying Times: You must not have swum an electronically recorded time faster than the times below.

Event / Age	Boys						Girls					
	8	9	10	11	12	13/14	8	9	10	11	12	13/14
25/50 Freestyle	19.0	40.7	38.0	35.9	33.9	32.1	20.0	41.1	38.5	36.5	34.7	33.3
25/50 Breaststroke	26.0	53.2	49.6	46.5	43.7	40.7	27.0	54.2	50.0	46.7	44.0	42.1
25/50 Butterfly	21.0	45.9	42.4	39.6	37.5	35.3	22.0	46.5	42.4	40.1	37.9	36.4
25/50 Backstroke	22.0	46.9	43.6	41.2	39.0	36.5	23.0	47.3	43.8	41.4	39.3	37.7
100m IM		1.43.8	1.36.2	1.30.9	1.26.00	1.20.7		1.45.3	1.38.3	1.31.3	1.26.4	1.22.6

TEAR OFF HERE

Stroke Entry Time

Club _____

Freestyle _____

Name _____

Backstroke

Date of Birth _____ Age on Day _____

Breaststroke _____

Male/Female _____

Butterfly

ASA Number _____

Individual Medley

Parents Name _____

Entry Fee £3.50 per event

Contact Phone No: _____

Email Address _____

Please complete all of the details on this form and return it, together with payment by cheque or cash to your club coach or Meet Co-ordinator. Cheques should be made payable to your club – Entries must be submitted by **Friday 26th June**.

Please enter this Gala via your club Meet Entry Co-ordinator or Coach.