Where we swim



**Glass Mill Leisure Centre**

41 Loampit Vale

Lewisham

London
SE13



**Tel:** 0303 303 0111

**Web:** <http://www.fusion-lifestyle.com/centres/Glass_Mill_Leisure_Centre>

**Downham Health and Leisure Centre**

7-9 Moorside Road
Bromley
Kent
BR1 5EP



**Tel:** 0208 461 9200 **Web:** [http://www.harpersfitness.co.uk/downham-health/](http://www.harpersfitness.co.uk/gyms/downham-health/downham-health/)

**Wavelengths Leisure Centre**

Giffin Street

Deptford

London

SE8 4RJ



**Tel:** 0208 694 9400 **Web:** [**http://www.fusion-lifestyle.com/centres/Wavelengths\_Leisure\_Centre/Splash**](http://www.fusion-lifestyle.com/centres/Wavelengths_Leisure_Centre/Splash)

**Forest Hill Pools**

Dartmouth Road
London
SE23 3HZ



**Tel:** 0208 291 8730 **Web:** [http://www.fusion-lifestyle.com/centres/Forest\_Hill\_Pools](http://www.gll.org/centre/crystal-palace-national-sports-centre.asp)

 **CRYSTAL PALACE NATIONAL SPORTS Centre**

National Sports Centre,

Ledrington Rd,

London

SE19 2BB


**Tel:** 020 8778 0131 **Web:** [www.better.org.uk/venues/crystal-palace-national-sports-centre](file:///C%3A%5CUsers%5CCraig%5CDownloads%5Cwww.better.org.uk%5Cvenues%5Ccrystal-palace-national-sports-centre)