



## ETWALL EAGLES SWIMMING CLUB

ESTABLISHED 1980 - AFFILIATED TO THE A.S.A. EAST MIDLANDS REGION and DERBYSHIRE A.S.A

### **CODE OF CONDUCT FOR SWIMMERS FROM ALL DISCIPLINES IN ETWALL EAGLES SWIMMING CLUB**

#### **As a swimmer:**

1. I will treat all members of, and persons associated with, the ASA with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with the ASA on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I understand that the use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the Club Behaviour and Discipline Policy or Child Welfare Policy.
4. I will display a high standard of behaviour at all times.
5. I will always report any poor behaviour by others to an appropriate Club Officer/member of staff.
6. I will recognise and celebrate the good performance and success of fellow club and team members.
7. I will respect the privacy of others, especially when using changing facilities.
8. To avoid safeguarding issues, I understand that I must use changing facilities, rather than the poolside, when changing swimwear or under garments.
9. I will always be respectful and courteous to other swimmers, coaches, teachers, club officers, parents/guardians, and in particular, any members of the public who may be using the facilities.
10. I agree not to use any electronic equipment for taking photographs or filming, on poolside or in the changing facilities. Phones can be used, but only in a case of an emergency.
11. I will abide by the rules set out by the appropriate leisure centre or venue.

#### **Whilst training:**

1. I will always treat my Coach and fellow members with respect.
2. I will make my Coach aware if I have difficulties in attending a training session as laid down for my squad.
3. I will arrive in good time on the poolside before the training session starts in order to complete the poolside warm up as directed by my coach.
4. I understand that if I arrive late, I must report to my Coach before entering the pool.
5. I will ensure that I have all of my equipment with me, ie paddles; kick boards, hat, goggles etc.



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6. If I need to leave the pool for any reason during training, I will inform my Coach before doing so.
7. I will listen to what my Coach is telling me at all times and obey the instructions given.
8. I will not talk or cause a disruption or distraction when the Coach is talking.
9. I will be well behaved in the changing rooms, respecting other members and their property.
10. I will ensure that I go to the toilet before the start of my session in order to reduce the requirement for me to have to leave the session.
11. I will always swim to the wall as I do in a race, and I will practice my turns as instructed.
12. I will not stop and stand in the lane, or obstruct others from completing their training.
13. I will not pull on the ropes as this may injure other swimmers.
14. I will not skip lengths or sets without good reason.
15. I will think about what I am doing during training and if I have any problems, I will discuss them with my Coach at an appropriate time.
16. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult.

### In Competitions:

1. At competitions, whether they be open meets, national events or club galas, I will always behave in a manner that shows respect to my Club Coach, Club Officers, team mates and the members of all competing clubs.
2. I understand that I will be required to attend events and galas that the Head Coach has entered/selected me for, unless previously agreed otherwise by prior arrangement with the relevant Club Official and Coach.
3. I understand that I must wear appropriate swimwear and an Etwall Eagles swimming hat. I will also wear suitable warm clothing and footwear on the poolside between races.
4. I will report to my Club Coach and/or Team Manager on arrival on the poolside.
5. I will warm-up before the event as directed by the Club Coach in charge and ensure that I fully prepare myself for the race.
6. I will be part of the team and I will stay with the team on poolside or other designated area.
7. If I have to leave the poolside for any reason, I will inform and in some cases, get the consent of the Team Manager/Coach before doing so.



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8. After my race I will report to my Coach for feedback.
9. I will support my team mates. Everyone likes to be supported and I am aware that they will be supporting me in return.
10. If possible, I will swim down after my race as advised by my Coach. My behaviour in the swim down facility must be appropriate and respectful to other users at all times.
11. I will never leave an event until either the gala is complete or I have the explicit agreement of the Club Coach or Team Manager.

Last Updated: 04/16

