

KENDAL AMATEUR SWIMMING CLUB

PRESENT THE

Kendal Mint Open Gala 2015

HELD UNDER ASA LAWS & ASA TECHNICAL RULES OF SWIMMING, 3NW151320

Promoted by Kendal Amateur Swimming Club Committee

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| Date | Saturday 4 th July 2015 |
| Venue | Kendal Leisure Centre Burton Road, Kendal, Cumbria LA9 7HX |
| | |
| | 9 years & over |
| Events | 200IM, 100IM, 50m & 100m all strokes |
| | , , |
| Age | As at 4th July 2015. Age groups 9, 10, 11, 12, 13, 14, 15+ |
| | |
| Cost | £4 per event by electronic entry |
| | |
| Sessions | Session 1 – warm up commences at 9am |
| | Session 2 – warm up to be confirmed |
| | |
| Awards | Medals will be for places 1-3 in each event |
| | Spot prizes awarded to winners of randomly selected heats |
| | |
| Closing date | Entries must be received by Saturday 13 th June |
| | |
| | Visiting clubs - please help provide licensed officials to help |
| Officials | with the smooth running of the meet. All officials will |
| | receive lunch and refreshments. |
| Information | |
| Pack | www.kendalasc.org.uk |
| | |
| Contact | Please contact secretary@kendalasc.org.uk |