



Loughborough Town Swimming Club

April 2015

LTSC Sprint Gala – 23rd May 2015

**** Closing Date 10th May 2015 ****

We will be holding our Sprint Gala on Saturday 23rd May at Loughborough Leisure Centre with an earlier warm-up time of 5:30pm.

This gala is an ideal opportunity to update those 50m swims in readiness for next years Leicestershire Age Groups as all times will be submitted into Rankings.

The form can be printed off via the link on our website www.ltsc.org.uk

Please note entry is on a 'first come, first served basis' so do not delay get your forms and payment to Fiona as soon as possible.

If you are paying by cheque, please make it payable to LTSC with 'Sprint Gala' on the back.

Timekeepers & Helpers

For any gala to run smoothly we need volunteers from Judges, Officials, poolside help, end of lane, desk, and timekeepers to record those most important swims for our children. Without this help a gala cannot run and our children will be missing out on great swimming opportunities and gaining that all important time on Rankings to enable them to progress through to participate in other Open Meets and competitions.

Loughborough Leisure Centre is a 6-lane pool so ideally to run a gala we need between 8-16 people to help with timekeeping and end of lane (both of which need the same qualification). LTSC will be holding two 1 hr timekeeping courses over 2 evenings on a normal training evening.

If this is something you would like to do and would like more information, please speak with Fiona to express your interest. This training course will be fully funded by LTSC.



LASA Age Groups – The final weekend

Saturday 28th & Sunday 29th March – Braunstone Leisure Centre

This is the final weekend of the LASA 2015 at Braunstone. In both sessions 11 & 12 we saw three of our swimmers gain 4 medals; William Bell gained 2 Gold medals in his 200m Breaststroke and 200m Backstroke, Alex Soler-Canto gained Bronze in his 200m Backstroke and Lucy Sharp gaining Gold in the Multi-Disability combined results. Congratulations and well done to all swimmers.

Session 13 (boys) kicked off with the 100m IM where Jack Melia gained a Bronze in his age group and later on Alex Soler-Canto and William Bell both gained Gold in the 200m Butterfly.

Session 14 (girls) again started off with the 100m IM where Lucy Sharp gained another Gold medal in the MDCR and Abbie Ruddle gaining a Bronze medal in her age for 200m Butterfly.

LTSC Medal Table Results

Gold	18
Silver	11
Bronze	11
Multi-Disability Combined Results	
Gold	2

BAGCATS Top 10



Boys 12 yrs	Alex Soler-Canto	5 th overall	1497 points
Boys 13 yrs	William Bell	1 st overall	2661 points
Girls 13 yrs	Mia Larke	10 th overall	2001 points
Boys 14 yrs	Adam Wilkes	9 th overall	1857 points
Girls 14 yrs	Olivia Morrison	8 th overall	2109 points

LASA 2015 has seen many of our swimmers achieving fantastic PBs and many medals. It just goes to show that your hard work in training is paying off and it doesn't stop there. For many of our swimmers this gala helped them gain their Midlands times so during June this year they will be competing again in Coventry. Well done to those swimmers and best of luck competing at the Midland Championships.

Scottish National Age Group Championships

Following on from his success at the LASA Champs 2015, Loughborough Town's William Bell travelled North for 11 hours to Aberdeen, to compete at the Scottish National Age Group Champs. William was part of a squad of 20 City of Leicester swimmers, all hoping to race qualifying times for the British Summer Nationals to be held at Ponds Forge, Sheffield in July/August. William entered 7 individual events and returned with 6 Gold medals (swimming new long course PB's in all events) and 2 Golds for his part in the 13yr boys 4x100 freestyle relay and the 4x100 medley relay.

William has returned to training in earnest for the Leeds Open Meet on the 16/17 May, which will provide him with another opportunity to gain qualifying times for the Nationals, where he will hopefully compete in the 13/14 year boys age group.

2015 Leicester Age Group Meet – City of Leicester

Over the weekend of 10th, 11th and 12th April, 12 of our swimmers competed in the above gala. Thomas Chamberlain, George Larke, Jack Melia, James Perrott, Eleanor Capell, Maddison Gregory, Mia Larke, Olivia Morrison, Cerys Peach, Ellie Spokes, Alex and Katie West. Over the weekend we saw Olivia Morrison gain a Bronze in 50m Butterfly and also qualified for a Midlands time in this swim, Mia Larke gained a Gold in 50m Breaststroke.

It was nice to see some of our younger swimmers attend this Open Meet and it proved fruitful as many new Personal Bests were achieved – well done to all.

Leicester Diddy League – Round 1

On Saturday 18th April our Diddy League kicked off at the Hermitage Leisure Centre, Coalville.

Our swimmers put in a great performance winning the round by 20 points over the second placed club.

This was a first gala for many swimmers and everyone swam brilliantly, a special mention to the parents and supporters who were well heard throughout the gala.

Thank you to the poolside helpers, timekeepers and officials as always these galas cannot run without you.

The next Diddy League will be on **Saturday 9th May** so please, please, please keep this date free so we can have another successful gala.

Upcoming Open Meets



Saturday 25th April – Rugby SC Open 2015 - Good luck to all swimmers who are competing all day at Rugby.

Sunday 26th April – Masters Challenge Inter-Counties Gala - Good luck also to all our Master swimmers who will be competing at Braunstone Leisure Centre on Sunday afternoon. The next Inter-Counties gala will be held on Sunday 15th November 2015, time and place TBC. If you are a Master swimmer and interested in swimming for Leicestershire please let Fiona know so she can put you in touch with Lauren Sharp who deals with the teams for these Inter-Counties galas.

Photography

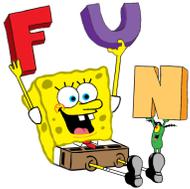
To enable us to keep our Child Protection up to date, we will have some photography permission forms on the desk at the Sprint Gala. Please can ALL parents take time to read this information and sign the form accordingly.

With continuous website updates and newsletters going out we would not want to upset any parent/carer who may not have wanted their child(ren) to be photographed at any gala.

As this is in the process of being updated, we cannot put any photos onto the website or in the newsletter for this April edition, these will hopefully be included in the May Newsletter.



Upcoming Social Events



Over the last few months we have been busy organizing a few social events for our swimmers and their families.

A summer fun session will take place on Thursday 9th July, before school finishes for the summer and a family BBQ that is becoming more popular every year during August. This is a nice social event for parents and their child(ren) to get to know other families of LTSC and a good social event for the children to be able to play ball games and have fun.

Please keep an eye out for posters/further information at Loughborough Leisure Centre and via email over the next couple of months when we will be advertising these events fully.

Upcoming Diary Dates:

Saturday 25 th April -	Rugby SC Open 2015
Sunday 26 th April -	Masters EM Challenge Cup
Saturday 9 th May -	Diddy League Round 2 *
15 th , 16 th & 17 th May -	Masters Midlands
Saturday 23 rd May -	LTSC Sprint Gala
Saturday 6 th June -	COL Development Meet
Saturday 13 th June -	COL Development Meet
Saturday 20 th June -	LTSC Distance Gala
Saturday 27 th June -	Diddy League Round 3 *

* These gala dates are important - please keep free if possible. Thank You.



*If you have any swimming news that you would like us to put into the next newsletter, please email:
ltscwebsite@ltsc.org.uk*