

2016 Kent ASA Swimming Championships

Incorporating Para-Swimming Multi Classification Inclusive events

The following document is intended to inform Swimmers, parents, coaches and clubs, at the earliest opportunity, of the changes to the structure and operation of 2016 Kent County ASA Championships. These changes have been predicated on:

- Feedback from the 2015 Kent County ASA Championships
- The requirements of the new competition structure – Swimming Pathway Implementation¹
- ASA Open Meet Licensing Criteria 1st March 2015²

Full confirmed details including entry procedure, Venues, Session times etc. will be made available to clubs at the administrator's day to be held in September.

The aim has been to provide a quality competitive opportunity, which is as inclusive as possible whilst maintaining a high standard of swimming that meets the desired outcomes of The New Competition Plan as fully as possible.

Particular attention has been paid to previous experience of a smaller venue (6 lane pool) and the opportunities provided for a better experience through more space, better warm-ups and the ability to control entry size and therefore the length of sessions and the competitive day.

Key changes include:

- Changing to a long course Pool (8 Lanes)
- 4 Weekends of two sessions per day
- Automatic and Consideration qualifying times
- Introduction of Age Group finals
- A separate Relay day later in the year
- A revamping of the points Trophies into three 'new' Trophies with no duplication of points:
 - Men's & Ladies Open
 - Boys and Girls Age Group
 - Relays
- No Junior medals or Points to be awarded

The following contains extracts from the proposed conditions that will outline how the 2016 Championships will operate and a 'Frequently Asked Questions' section to clarify and explain the rationale behind the changes.

"Every Swimmer must have the opportunity to swim in appropriate, quality competition to enable them to achieve their true potential"

¹ http://www.swimming.org/assets/uploads/events/BS_CP_Handbook.pdf

² http://www.swimming.org/assets/uploads/library/ASA_Logo_Open_Meet_Licensing_Criteria_-_V2.pdf

Conditions

These conditions are to be read in conjunction with the Swimming Championship conditions as set out in the county handbook.

General Conditions

1. The Kent County ASA Swimming Committee reserves full powers over the Kent County ASA Championships.
2. The Competition shall be held under ASA Laws and Regulations and FINA Technical Rules of Swimming.
3. The championships will be run in a Long Course pool and Licensed at L1.
4. All the following conditions shall apply to the Para-Swimming Events except where varied by the Supplementary Para-Swimming Conditions and Entry Standards.
5. A competitor must be a ASA registered member of the club in whose name he is entered at the date of making the initial entry and remain so continuously until the championships in which the competitor is taking part have been completed.
6. Swimmers may only represent one club throughout the championships.
7. The age of each swimmer for individual events shall be as at 31st December 2016.
8. A swimmer who has competed in swimming championships of another County/Region shall not be eligible to compete in the Kent Swimming Championships in the same calendar year.
9. Questions/queries regarding the championships should be directed in the first instance to the Promoter, (to be determined).

Programme of Events

1. There will be separate events for males and females as outlined in 1.1
 - 1.1. Individual events

	10/11	12	13	14	15	16+
50 Fr	✓	✓	✓	✓	✓	✓
100 Fr	✓	✓	✓	✓	✓	✓
200 Fr	✓	✓	✓	✓	✓	✓
400 Fr	✓	✓	✓	✓	✓	✓
800/1500 Fr	No event	✓	✓	✓	✓	✓
50 Back	✓	✓	✓	✓	✓	✓
100 Back	✓	✓	✓	✓	✓	✓
200 Back	✓	✓	✓	✓	✓	✓
50 Breast	✓	✓	✓	✓	✓	✓
100 Breast	✓	✓	✓	✓	✓	✓
200 Breast	✓	✓	✓	✓	✓	✓
50 Fly	✓	✓	✓	✓	✓	✓
100 Fly	✓	✓	✓	✓	✓	✓
200 Fly	✓	✓	✓	✓	✓	✓
200 IM	✓	✓	✓	✓	✓	✓
400 IM	No event	✓	✓	✓	✓	✓

Meet Programme

1. The programme of events will be as shown in appendix 1.

Qualification

1. For all individual events automatic qualifying and consideration times will be set as shown in appendix 2.
2. All submitted times must have been achieved at events licensed at level 1, 2, 3 or 4 and/or be included in the rankings published by the ASA.
3. Submitted must be short course.
 - 3.1. Converted long course times will be accepted providing they have been converted using ASA Equivalent Performance Tables³.
4. All entries by swimmers who have achieved the automatic qualifying time shall be accepted for that event.
5. The qualifying window will be 1st January 2015-5th January 2016.

³ <http://www.swimmingresults.org/EqvtShare/>

6. Swimmers who enter and have not achieved the automatic time for an event, but have achieved the consideration will be accepted up to the following maximum numbers of swimmers per age group and event:

	10/11	12	13	14	15	16 ⁴	17+
50m events	28	28	28	28	28	23	33
100m events	24	24	24	24	24	20	28
200m events	16	16	16	16	16	12	20
400m events	12	12	12	12	12	24	
800/1500m events	8	8	8	8	8	16	

- 6.1. Should there be an insufficient number of entries that have achieved the consideration time in any age group the unused number of spaces will be back filled from other age groups up to maximum number of entries across all age groups as outlined in condition 6.
- 6.2. Those swimmers who are closest to the automatic time shall be accepted first.
7. Notwithstanding conditions 4 and 5, in the interests of safety and to ensure the smooth running of the Championships, the promoter reserves the right to restrict the number of entries in any event, should the need arise, in which case, the swimmers with the fastest submitted times shall take preference.
- 7.1. Rejected swimmers under this condition will receive a refund. Clubs will be notified as soon as possible after the closing date.
- 7.2. Should the need arise to hold the Kent County ASA Championships in a six lane pool the quotas per age group in 5 above will be reduced by 25%.
8. Kent County ASA reserves the right to validate times against the ranking published by the ASA and/or to ask for proof of entry time. Subsequent improved times will not be accepted after the closing date.
9. Clubs/Individuals that are found to have entered unsubstantiated entry times will be referred to the Swimming Committee and the meet promoter reserves the right to remove any awards or points that may have been awarded for the swim in question.

⁴ A separate 16 year old qualify quota is being used in the 50m, 100m and 200m events for development purposes to ensure that sufficient 16 years qualify for the championship, albeit they will be competing in the 16+ age group.

Entries

1. Entries will be made by clubs via an online entry system, en- bloc.
2. Closing Date Tuesday, 5th January 2016.
3. Payment should be made on line by clubs as part of the on-line process. Please show your club name as reference.
4. Rejected swimmers will receive a refund via their Clubs. Clubs will be notified as soon as possible after the closing date and refunds issued.
5. Incorrect entries will not be refunded.
6. Individual entries will not be accepted.

Meet Procedure

1. All events shall have heats and finals with the exception of the 400 Individual Medley, 400m and 800m/1500m, Freestyle which will be HDW.
 - 1.1. All age groups will be combined for the purposes of the heats and be seeded slowest to fastest.
 - 1.1.1. The last 3 heats of events with Finals will be cyclically seeded all other heats and HDW events will be spearheaded.
 - 1.2. There will be 7 finals for the following age groups for 50m and 100m events: 10/11, 12, 13, 14, 15, 16+, and Open
 - 1.2.1. The fastest eight competitors from the heats will be allocated a place in the open final plus two reserves.
 - 1.2.2. The next fastest eight from the heats in each designated age group will be allocated a place in their respective age group final plus two reserves
 - 1.2.2.1. A swimmer qualifying for the open final must swim in the open final regardless of age.
 - 1.2.2.2. Swimmers may only swim in one final
 - 1.2.2.3. Withdrawal from any final is deemed as withdrawal from the event as a whole (age group and open) and any swimmer so doing will not be eligible for any award.
 - 1.2.2.4. In the event of two or more swimmers tying for the final place(s) a swim off shall take place to decide who swims in the final.
 - 1.2.3. Open placings will be determined by the result in the open final regardless of results in other 'age group' finals.
 - 1.2.4. Age group placings will be determined by the fastest eight swimmers in each age group after all finals (individual age group and open) have been swum and the times aggregated.
 - 1.3. There will be 3 finals for the following age groupings for 200m events: 13&U, 14/15, and 16+.

- 1.3.1. The fastest eight competitors from the heats in each grouping, regardless of age, will be allocated a place in their respective final plus two reserves.
 - 1.3.2. Open placings will be determined by the aggregated results across, and after all 3 finals have been swum.
 - 1.3.3. Age group placings will be determined first:
 - 1.3.3.1. By the fastest swimmers ranked in finishing order in each individual age group after the respective age grouping final has been swum.
 - 1.3.3.2. A swimmer who is disqualified in a final will be relegated to last in the final for their particular individual age group for placing purposes.
 - 1.3.3.3. Then by heat times ranked in order.
 - 1.3.4. Withdrawal from any final is deemed as withdrawal from the event as a whole and any swimmer so doing will not be eligible for any award.
 - 1.3.5. In the event of two or more swimmers tying for the final place(s) a swim off shall take place to decide who swims in the final.
2. All withdrawals must be made by the Team Leader by completing a withdrawal form.
- 2.3. Withdrawals from heats must be made at the latest 30 minutes before the start of the session. Failure to do so will result in a £10.00 fine payable by the appropriate club.
- 2.4. The names of finalists and reserves shall be announced as soon as practicable after completion of the heats.
- 2.5. Announced finalists and reserves not intending to swim shall withdraw by completing a withdrawal form, as soon as possible, and in any case no later than 10 minutes after the announcement or time determined by the promoter. All finalists who have not withdrawn, including reserves must present themselves for the final when requested.
- 2.6. If a finalist withdraws within the allotted time, the final shall be reseeded. Where a reserve is brought in after this period, the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.
3. Starts sheets will be posted and available poolside. It is the Team Leader/swimmer's responsibility to check the heat sheets to ensure that they have been accepted into the event.
4. 'Over the top starts' may be in operation where it is deemed necessary and practical.
5. Swimmers MUST NOT climb over the touch pads.

6. Warm up and cool down facilities will be made available where possible but not during the official warm up period.
7. Warm up marshals will be appointed and their instructions must be followed at all times.
8. Time trials will not be permitted during the Championships.

Medals, Trophies, Awards & Points

1. Medals will be awarded to swimmers placed first, second and third in the open event as described in the meet procedure.
2. Medals will be awarded to swimmers placed first, second and third in each age group as described in the meet procedure.
3. If a Trophy exists for an Open event it will be awarded to the winner of the Open final.
4. If a Trophy exists for a Junior event it will be awarded to the fastest Junior in the Open final for ceremonial purposes only regardless of results in other 'age group' finals. No medals or points will be awarded.
 - 4.3. Should no Junior reach the open final or they be disqualified in the open final the trophy will be awarded either: to the next fastest junior in the final, or to the fastest Junior across all age group finals once the times have been aggregated.
 - 4.4. A junior swimmer will be 16 years or under as at 31st December 2016.
5. The Mick Geer Salver will be presented on the last day of individual championships to the swimmer who has achieved the highest FINA points in an individual swim.
6. Points for the top Men's club and top Ladies club will be based on a points system whereby 1st place is awarded 8 points down to 8th place who is awarded 1 point in the Open individual events only.
7. Points for the top Boy's Age Group Club and top Girl's Age Group Club will be based on a points system whereby 1st place is awarded 8 points down to 8th place in each age group after all finals (individual age group and open) have been swum and the times aggregated.

Supplementary Para-Swimming Conditions and Entry Standards

1. The conditions for the Kent County Swimming Championships shall apply to the Multi Classification Swimming events except where varied by any of the following conditions.
2. The Kent County Swimming Championships shall run the following multi classification inclusive events as part of the main Championships:
 - Freestyle 50m, 100m Classification 1 - 14
 - Freestyle 200m Classification 1 – 5 and 14
 - Freestyle 400m Classification 6 - 14
 - Backstroke 50m Classification 1 - 5
 - Breaststroke 50m Classification 1 - 3
 - Butterfly 50m Classification 1 - 7
 - Breaststroke 100m Classification 4 - 14
 - Backstroke 100m Classification 6 - 14
 - Butterfly 100m Classification 8 - 14
 - Individual Medley 200m Classification 5 - 14

Eligibility

1. Swimmers with S1-S14 classifications will be accepted subject to the following:
 - 1.1. All competitors must have an authorised IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry. Competitors must be registered members of the ASA.
 - 1.2. The swimmers must have achieved 200 British Para-Swimming points in an event run under the technical rules and laws of either, IPC, DSE or ASA within the qualifying window 1st January 2015-31st December 2015 for the stroke and distance entered.

Meet Procedure

1. All events will run with heat declared winners as part of the main Championship event.
2. The competition shall take place under the relevant IPC Swimming Rules.
3. Positions will be determined by the number of British Para-Swimming points attained by each swimmer in each event.
4. Multi Classified swimmers will be included but not placed within the results for the appropriate able-bodied competition. They will also be included in the Multi Classification results and placed within those results based on their British Para-Swimming points score within that event.

Personal Care Attendants

1. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11.

- 1.1. A swimmer in any of these classes may have both a coach and a personal care attendant present.
 - 1.2. All coaches and personal care attendants must have accreditation.
 - 1.3. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions.
 - 1.4. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.
 - 1.5. The personal care attendant accreditation will be free of charge.
2. Medals shall be awarded on a multi-class basis to 1st, 2nd and 3rd places in each event based on British Para-Swimming point's scores.

Appendix 1

Long Distance Weekend		General Weekends				50's/200 IM Weekend	
Crystal Palace (To be confirmed)		Crystal Palace (To be confirmed)		Crystal Palace (To be confirmed)		London Aquatic Centre (To be confirmed)	
23-Jan	24-Jan	30-Jan	31-Jan	06-Feb	07-Feb	13-Feb	14-Feb
(To be confirmed)		(To be confirmed)		(To be confirmed)		(To be confirmed)	

Session 1	Girls 400 IM HDW	Boys 1500 Free HDW	Girls 200 Back Heats	Boys 100 Breast Heats	Boys 200 Back Heats	Girls 100 Breast Heats	Boys 200 IM Heats	Girls 200 IM Heats
	Boys 400 Free HDW		Boys 100 Fly Heats	Girls 200 Free Heats	Girls 100 Fly Heats	Boys 200 Free Heats	Girls 50 Back Heats	Boys 50 Back Heats
			Girls 200 Back Finals	Boys 100 Breast Finals	Boys 200 Back Finals	Girls 100 Breast Finals	Boys 50 Fly Heats	Girls 50 Fly Heats
			Boys 100 Fly Finals	Girls 200 Free Finals	Girls 100 Fly Finals	Boys 200 Free Finals	Boys 50 Fly Finals	Girls 50 Fly Finals
							Girls 50 Back Finals	Boys 50 Back Finals
							Boys 200 IM Finals	Girls 200 IM Finals

Session 2	Boys 400 IM HDW	Girls 800 Free HDW	Girls 100 Back Heats	Boys 200 Breast Heats	Boys 100 Back Heats	Girls 200 Breast Heats	Boys 50 Breast Heats	Girls 50 Breast Heats
	Girls 400 Free HDW		Boys 200 Fly Heats	Girls 100 Free Heats	Girls 200 Fly Heats	Boys 100 Free Heats	Girls 50 Free Heats	Boys 50 Free Heats
			Girls 100 Back Finals	Boys 200 Breast Finals	Boys 100 Back Finals	Girls 200 Breast Finals	Boys 50 Breast Finals	Girls 50 Breast Finals
			Boys 200 Fly Finals	Girls 100 Free Finals	Girls 200 Fly Finals	Boys 100 Free Finals	Girls 50 Free Finals	Boys 50 Free Finals

Please note that at this stage all venues and dates have yet to be confirmed

Appendix 2

GIRLS

		10/11		12		13		14		15		16(+)		17+	
		Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.
50 Freestyle	SC	34.75	37.00	32.50	34.50	31.25	33.25	30.00	32.00	29.75	31.75	29.25	31.25	28.50	30.75
	LC	35.30	37.60	33.10	35.10	31.90	33.90	30.70	32.60	30.40	32.40	30.00	31.90	29.20	31.40
100 Freestyle	SC	1:18.00	1:22.75	1:11.00	1:15.50	1:07.00	1:11.25	1:05.00	1:09.00	1:03.00	1:07.00	1:03.00	1:07.00	1:01.00	1:05.75
	LC	1:19.10	1:23.80	1:12.20	1:16.60	1:08.20	1:12.40	1:06.30	1:10.20	1:04.30	1:08.20	1:04.30	1:08.20	1:02.40	1:07.00
200 Freestyle	SC	2:44.00	2:54.00	2:31.00	2:40.25	2:22.00	2:30.75	2:17.00	2:25.25	2:15.00	2:23.25	2:13.00	2:21.00	2:13.00	2:21.00
	LC	2:46.10	2:56.00	2:33.00	2:42.40	2:24.40	2:33.00	2:19.50	2:27.60	2:17.50	2:25.70	2:15.60	2:23.40	2:15.60	2:23.40
400 Freestyle	SC	5:48.00	6:09.00	5:16.00	5:35.00	4:56.00	5:14.00	4:44.00	5:01.25	4:42.00	4:59.00	4:36.00	4:56.75	4:36.00	4:56.75
	LC	5:52.00	6:12.80	5:20.40	5:39.20	5:00.70	5:18.40	4:48.90	5:05.90	4:46.90	5:03.70	4:41.00	5:01.40	4:41.00	5:01.40
800 Freestyle	SC	No Event		10:52.00	11:31.25	10:00.00	10:36.00	9:54.00	10:29.75	9:46.00	10:21.25	9:40.00	10:23.50	9:40.00	10:23.50
	LC	No Event		11:00.80	11:39.60	10:09.60	10:45.00	10:03.70	10:38.90	9:55.80	10:30.50	9:49.90	10:32.70	9:49.90	10:32.70
50 Back	SC	40.25	42.75	37.75	40.25	36.00	38.25	34.75	37.00	34.00	36.25	33.50	35.75	32.50	35.00
	LC	40.80	43.20	38.30	40.80	36.60	38.25	35.30	37.60	34.60	36.80	34.10	36.30	33.10	35.60
100 Back	SC	1:29.00	1:34.50	1:21.00	1:26.00	1:16.00	1:20.75	1:13.00	1:17.50	1:11.00	1:15.50	1:11.00	1:15.50	1:09.00	1:14.25
	LC	1:29.90	1:35.30	1:22.00	1:26.90	1:17.10	1:21.70	1:14.10	1:18.50	1:12.10	1:16.60	1:12.10	1:16.60	1:10.20	1:15.30
200 Back	SC	3:02.00	3:13.00	2:50.00	3:00.75	2:41.00	2:50.75	2:33.00	2:42.25	3:30.00	3:39.00	2:28.00	2:37.00	2:26.00	2:37.00
	LC	3:03.80	3:14.70	2:52.00	3:02.50	2:43.10	2:52.70	2:35.20	2:44.30	2:32.20	2:41.10	2:30.20	2:39.10	2:28.30	2:39.10
50 Breast	SC	45.75	48.50	42.75	45.50	41.00	43.50	39.25	41.75	39.35	41.75	39.25	41.75	37.25	40.25
	LC	46.40	49.10	43.50	46.20	41.80	44.20	40.00	42.50	40.10	42.50	40.00	42.50	38.10	41.00
100 Breast	SC	1:42.00	1:48.25	1:33.00	1:38.75	1:28.00	1:33.50	1:25.00	1:30.25	1:24.00	1:29.25	1:24.00	1:29.25	1:19.00	1:25.00
	LC	1:43.20	1:49.40	1:34.30	1:40.00	1:29.40	1:34.80	1:26.50	1:31.60	1:25.50	1:30.70	1:25.50	1:30.70	1:20.60	1:26.50
200 Breast	SC	3:34.00	3:47.00	3:15.00	3:26.75	3:06.00	3:17.25	3:00.00	3:11.00	2:58.00	3:08.75	2:58.00	3:08.75	2:53.00	3:06.00
	LC	3:36.50	3:49.30	3:17.70	3:29.30	3:08.80	3:19.90	3:02.90	3:13.70	3:00.90	3:11.50	3:00.90	3:11.50	2:56.00	3:08.80
50 Fly	SC	39.25	41.75	36.50	38.75	35.00	37.25	34.00	36.25	33.00	35.00	32.50	34.50	31.25	33.75
	LC	39.70	42.20	37.00	39.20	35.50	37.80	34.60	36.80	33.60	35.50	33.10	35.00	31.90	34.30
100 Fly	SC	1:41.00	1:47.25	1:25.00	1:30.25	1:18.00	1:22.75	1:16.00	1:20.75	1:13.00	1:17.50	1:11.00	1:15.50	1:09.00	1:14.25
	LC	1:41.80	1:48.00	1:25.90	1:31.10	1:19.00	1:23.70	1:17.00	1:21.70	1:14.00	1:18.50	1:12.10	1:16.50	1:10.10	1:15.30
200 Fly	SC	3:28.00	3:40.50	3:08.00	3:19.50	2:56.00	3:06.75	2:49.00	2:59.25	2:43.00	2:53.00	2:38.00	2:47.50	2:38.00	2:47.50
	LC	3:29.50	3:41.90	3:09.70	3:21.10	2:57.80	3:08.40	2:50.90	3:01.00	2:44.90	2:54.80	2:40.00	2:49.40	2:40.00	2:49.40
200 IM	SC	3:07.00	3:18.25	2:53.00	3:03.50	2:44.00	2:54.00	2:37.00	2:46.50	2:33.00	2:42.25	2:32.00	2:41.25	2:29.00	2:40.25
	LC	3:09.10	3:20.20	2:55.30	3:05.60	2:46.40	2:56.30	2:39.50	2:48.90	2:35.60	2:44.70	2:34.60	2:43.70	2:31.60	2:42.70
400 IM	SC	No Event		6:02.00	6:28.00	5:42.00	6:02.75	5:34.00	5:54.25	5:26.00	5:45.75	5:22.00	5:46.25	5:22.00	5:46.25
	LC	No Event		6:06.80	6:32.50	5:47.51	6:07.60	5:39.20	5:59.20	5:31.30	5:50.80	5:27.40	5:51.30	5:27.40	5:51.30

BOYS

		10/11		12		13		14		15		16		17+	
		Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.	Auto.	Cons.
50 Freestyle	SC	34.50	36.75	32.50	34.50	31.00	33.00	29.50	31.50	27.75	29.50	26.75	28.50	25.25	27.25
	LC	35.10	37.30	33.10	35.10	31.70	34.30	30.20	32.20	28.50	30.20	27.50	29.20	26.10	28.00
100 Freestyle	SC	1:19.00	1:23.75	1:12.00	1:16.50	1:08.00	1:12.25	1:04.00	1:08.00	59.00	1:02.75	58.00	1:01.50	54.00	58.25
	LC	1:20.10	1:24.70	1:13.20	1:17.60	1:09.20	1:13.40	1:05.30	1:09.20	1:00.40	1:04.10	59.40	1:02.80	55.55	59.70
200 Freestyle	SC	2:41.00	2:50.75	2:34.00	2:43.25	2:23.00	2:31.75	2:17.00	2:25.25	2:08.00	2:15.75	2:06.00	2:13.75	1:59.00	2:08.00
	LC	2:43.10	2:52.80	2:36.20	2:45.40	2:25.40	2:34.00	2:19.50	2:27.60	2:10.70	2:18.30	2:08.70	2:16.30	2:01.90	2:10.70
400 Freestyle	SC	5:38.00	5:58.50	5:18.00	5:37.25	4:58.00	5:16.00	4:48.00	5:05.00	4:32.00	4:48.00	4:16.00	4:35.00	4:16.00	4:35.00
	LC	5:42.10	6:02.40	5:22.40	5:41.40	5:02.70	5:20.40	4:52.80	5:09.60	4:37.10	4:52.80	4:21.40	4:40.10	4:21.40	4:40.10
1500 Freestyle	SC	No Event		21:20.00	22:37.00	19:02.00	20:10.75	18:44.00	19:51.50	17:42.00	18:45.75	17:12.00	18:29.50	17:12.00	18:29.50
	LC	No Event		21:36.00	22:52.20	19:19.90	20:27.70	19:02.20	20:08.70	18:01.20	19:03.90	17:31.80	18:47.90	17:31.80	18:47.90
50 Back	SC	40.00	42.50	38.50	41.00	36.50	38.75	34.25	36.50	32.75	34.75	32.00	34.00	29.25	31.50
	LC	40.50	43.00	39.00	41.50	37.10	39.30	34.90	37.10	33.40	35.30	32.60	34.60	30.00	32.20
100 Back	SC	1:30.00	1:35.50	1:23.00	1:28.00	1:18.00	1:22.75	1:13.00	1:17.50	1:09.00	1:13.25	1:07.00	1:11.25	1:02.00	1:06.75
	LC	1:30.90	1:36.30	1:24.00	1:28.90	1:19.00	1:23.70	1:14.10	1:18.50	1:10.20	1:14.30	1:08.20	1:12.40	1:03.30	1:07.90
200 Back	SC	2:59.00	3:09.75	2:53.00	3:03.50	2:42.00	2:51.75	2:33.00	2:42.25	2:27.00	2:36.00	2:21.00	2:29.50	2:14.00	2:24.25
	LC	3:00.90	3:11.50	2:54.90	3:05.30	2:44.00	2:53.70	2:35.20	2:44.30	2:29.30	2:38.10	2:23.30	2:31.70	2:16.50	2:26.50
50 Breast	SC	46.75	49.75	43.25	46.00	41.75	44.50	39.00	41.50	37.00	39.25	35.75	38.00	33.25	35.75
	LC	47.40	50.40	44.00	46.70	42.50	45.20	39.80	42.30	37.80	40.00	36.60	38.80	34.20	36.60
100 Breast	SC	1:47.00	1:53.50	1:37.00	1:43.00	1:28.00	1:33.50	1:24.00	1:29.25	1:19.00	1:23.75	1:18.00	1:22.75	1:12.00	1:17.50
	LC	1:48.20	1:54.60	1:38.30	1:44.20	1:29.40	1:34.80	1:25.50	1:30.70	1:20.60	1:25.20	1:19.60	1:24.30	1:13.70	1:19.10
200 Breast	SC	3:33.00	3:46.00	3:22.00	3:34.25	3:08.00	3:19.50	2:56.00	3:06.75	2:48.00	2:58.25	2:45.00	2:55.00	2:38.00	2:50.00
	LC	3:35.50	3:48.30	3:24.60	3:36.70	3:10.80	3:22.10	2:59.00	3:09.60	2:51.10	3:01.20	2:48.20	2:58.00	2:41.30	2:53.10
50 Fly	SC	40.25	42.75	37.25	39.50	35.00	37.25	33.00	35.00	31.25	33.25	30.00	32.00	28.00	30.25
	LC	40.70	43.20	37.80	40.00	35.50	37.80	33.60	35.50	31.90	33.80	30.60	32.60	28.70	30.90
100 Fly	SC	1:49.00	1:55.75	1:30.00	1:35.50	1:19.00	1:23.75	1:14.00	1:18.50	1:09.00	1:13.25	1:06.00	1:10.00	1:01.00	1:05.75
	LC	1:49.70	1:56.40	1:30.80	1:36.30	1:20.00	1:24.70	1:15.00	1:19.50	1:10.10	1:14.30	1:07.10	1:11.10	1:02.20	1:06.90
200 Fly	SC	3:30.00	3:42.75	3:07.00	3:18.25	2:59.00	3:09.75	2:47.00	2:57.25	2:35.00	2:44.50	2:25.00	2:33.75	2:21.00	2:31.75
	LC	3:31.50	3:44.20	3:08.70	3:19.80	3:00.80	3:11.40	2:48.90	2:59.00	2:37.00	2:46.40	2:27.20	2:35.80	2:23.20	2:33.80
200 IM	SC	3:05.00	3:16.25	2:56.00	3:06.75	2:44.00	2:54.00	2:34.00	2:43.25	2:26.00	2:35.00	2:23.00	2:31.75	2:15.00	2:25.25
	LC	3:07.10	3:18.30	2:58.20	3:08.90	2:46.40	2:56.30	2:36.50	2:45.70	2:28.70	2:37.50	2:25.70	2:34.30	2:17.90	2:27.90
400 IM	SC	No Event		6:18.00	6:40.75	5:46.00	6:07.00	5:26.00	5:45.75	5:08.00	5:26.50	4:52.00	5:14.00	4:52.00	5:14.00
	LC	No Event		6:22.60	6:45.10	5:51.00	6:11.80	5:31.30	5:50.80	5:13.60	5:31.80	4:57.90	5:19.50	4:57.90	5:19.50

Frequently asked questions:

<p><i>Why did the championship format have to change?</i></p>	<p>These changes have been brought about primarily to facilitate The requirements of the new competition structure – Swimming Pathway Implementation and Feedback from the 2015 Kent County ASA Championships to improve the championships and make it a better experience for all.</p>
<p><i>Why are we going long course?</i></p>	<p>We have struggled for some time with the numbers of both swimmers and spectators at the County Championships, with many arriving hours early to ensure somewhere to sit and a parking space. This coupled with the pressure brought on the event time line by the inclusion of finals meant we needed to look for an 8 lane venue if we were to resolve these problems and avoid drastically reducing the amount of swimmers we could accept into the Championships. With no viable 8 lane short course pool (which was the preferred choice) in the County we have opted to go long course.</p>
<p><i>Why are 9 year olds no longer able to compete?</i></p>	<p>The new Competition Plan prescribes that the youngest age group is 10/11 as at 31st December in the year of the competition, in reality a large number of swimmers who will be 10 years of age at 31st December will be 9 years of age when the competition takes place. These swimmers will however have to qualify as part of the 10/11 year old double age group.</p>
<p><i>Why do we have automatic and consideration times?</i></p>	<p>In order fit the programme into the time allowed we need to accurately be able to predict the time line for each session. To do this we need finite numbers, and consequently have opted for a quota system to control this.</p> <p>The inclusion of an automatic time means some swims will be assured entry and it is envisaged that this number will not exceed the quota.</p> <p>The consideration time is exactly that and does not guarantee an accepted entry and some swimmers will inevitably be disappointed. The consideration has been set at a general level that should ensure sufficient entries to exceed the quota to be accepted, albeit some events historically have low entry numbers.</p>
<p><i>Will I stand more or less chance of qualifying than under the old system?</i></p>	<p>Worked scenarios indicate that if all events attract the full number of entries slightly more swimmers will be accepted than last year despite the pressures created by adding finals. Every effort has been made to try and make the championships as inclusive as possible and 4760 individual entries will be accepted against 4000 at the SouthEast Regional Championships this year.</p>
<p><i>Why are there finals?</i></p>	<p>The new competition Plan prescribes that there must be finals for all age groups in 50m & 100m events, with finals in other events described as desirable.</p>
<p><i>Why are there only three finals for 200's</i></p>	<p>There was a desire to swim 200m finals to give swimmers the experience of doing so, however time constraints in the programme meant that we could not run a full programme of 200m finals, hence the compromise.</p>
<p><i>Why are there no junior events anymore?</i></p>	<p>Junior events were introduced many years ago when there were just 'open' events to encourage and reward younger swimmers. The need for these no longer exists as they have been primarily superseded by</p>

	the extensive age group programme now offered and are to be discontinued as a relic from a bygone age.
<i>Why have the point's trophies been changed?</i>	There has been much discussion in the past on the points system used and its bias towards talented junior swimmers. With no junior events being swum any more it was considered an appropriate time to change the points trophies to a more representative format, one for age group performances and one for the best performances in open events, both being decided on a 'one swim, one set of points basis'.
<i>Why have we gone to four weekends?</i>	Licensing requirements dictate that session may only last for so long and there can only be so much swimming in any one day. This coupled with the mandatory addition of finals would have put incredible pressure on an already very tight timetable and could have put our licensed status in jeopardy. Therefore spreading the individual programme over four weekends and removing the relays to a different time of year will not only ensure that we stay within the prescribed time frames but do not have to restrict the entry to do so.
<i>Why are the distance events on one weekend?</i>	As the number of swimmers competing in the longer events is less than in other events it will mean many swimmers will only be competing over three weekends, also by putting them first in the programme will assist coaches in their planning. The 400m events are on the first day as they will have less of an impact on the longer events on the second day than if the events were swum the other way round.
<i>Why is the 100m & 200m event of a particular stroke on the same day?</i>	This has been done for two reasons firstly: single stroke swimmers will not need to attend more than one day of the 'General Weekends' reducing cost and the need to travel more than necessary, and secondly many of our officials are parents and there is a greater likelihood of them being available for a whole day, which will hopefully help alleviate some of the problems we have had getting officials in the past.
<i>Why is the 200m IM heat the first event of the session and the final the last?</i>	This has been done to ensure the maximum amount of time between heat and finals for those that may be swimming multiple events on these sessions.
<i>If I win my age group final does that mean I win my age group event?</i>	Not necessarily. The result where finals are being swum in 50m and 100m events will "be determined by the fastest eight swimmers in each age group after all finals (individual age group and open) have been swum and the times aggregated". If someone in your age group qualified for the open final and went faster than you in the final they would win, If you went faster in your final than they did in the open final, you would win. In the 200m events if you are the fastest, in your 'individual age group', you win.
<i>If I am the only swimmer of my age group in the open final of the 100m does that mean I automatically win my age group?</i>	Not necessarily. See above. This has been done to ensure swimmers swim fast heats and fast finals, and gain that experience, which was the purpose of their introduction in the new Competition Plan.
<i>If I'm 8th in my age group final does that mean I score points for my club?</i>	Not necessarily. If there is one swimmer from your age group in the open final and you finish 8 th in your age group final, you will effectively be 9 th and therefore score no points.
<i>How have the automatic times</i>	If we are, say looking at a 400m event we are looking to accept 12 swimmers per age group. To calculate the time we have averaged the

<p><i>been calculated?</i></p>	<p>time that has ranked 6th on the Kent Rankings (using the ASA Rankings Database) for the last two years. In all events we have calculated the automatic time based on half the desired number of entries per event/age group as the position to average.</p> <p>It is envisaged that the automatic qualifying times will be recalculated each year utilising this method to move in line with the current standard in Kent.</p>
<p><i>How have the consideration times been calculated?</i></p>	<p>In all cases, except the 17+ age group (or 16+ whichever is the older) the consideration time has been calculated as 106% of the automatic time. In the older age group it was accepted that all calculations included a number of swimmers who had either: retired or left the county and so a larger buffer was used to ensure that we attracted a sufficient number of entries. Where the consideration time for the 17+ age group calculates slower than the 16 year old time the 16 year time has been substituted.</p>
<p><i>Can I work out the likelihood of qualifying with a consideration time?</i></p>	<p>Yes. Whilst not foolproof, you can gauge would have happened last year and then where you are currently in the qualifying period.</p> <p>If you are say, 14 years of age as at 31st December 2016 (you will be 13 during the qualifying window – age as at 31st December).</p> <ul style="list-style-type: none"> • If you look at the ASA '13 year old' All time Rankings for Kent and select 2014 you will be able to see where you would have ranked based on last year's qualifying period against the 14 year qualifying time, which will give you some indication of the sort of time that would have made the cut last year. • If you look at the ASA '13 year old' All time Rankings for Kent and select 2015 you will be able to see where you are currently ranked against the swimmers who will be swimming as 14 year olds in next year's championships. <p>Bear in mind that the above methods will not reflect any times achieved in the last 5 days of qualifying (1st January-5th January) and numbers accepted are based on entries and not all those on the rankings may enter.</p>
<p><i>Can I achieve a qualifying time in my club championships or club time trials?</i></p>	<p>Yes, providing they are licensed at Level 4 or above and the times appear on the ASA Rankings Database.</p> <p>Clubs need to be aware that new Open Meet Licensing Criteria were issued by the ASA effective 1st March 2015. There were changes contained in this document (which can be found on the ASA web site) specifically around the submission of data and qualified officials, and need to take this into account when planning Club Championships or Time Trials.</p>
<p><i>Why has the 16+ age group been treated differently to other age groups?</i></p>	<p>Last year we had 16, 17/18 and Open age groups, which accounted for a large number of swimmers at the Championships. This year the 16+ age group encompasses all of these, so to ensure a fair representation across all ages the number of swimmers allocated places in each event is double that of other age groups. We have also set separate automatic and consideration times, and entry quota, as part of the 16+ entry to ease the transition from age group swimming.</p>

<i>Why fewer places per age group, per event as the distances get longer?</i>	Experience has shown us the longer the event, the less entries we have, and this coupled with the increased time to run longer events means that fewer entries can be accepted if we are to comply with licensing conditions re the length of sessions.
<i>What has happened to the relays?</i>	It is intended that the relays will be swum as a separate event, with a separate point's trophy later in the year. Discussions are still ongoing regarding the format of this event but various initiatives are being considered including the introduction of mixed relays.
<i>What will be the format of the para events?</i>	The format of the Para events will remain largely unchanged and will be decided on a HDW basis.