

# SAXON CROWN NEWSLETTER



July 2015 Volume 1, Issue 2

Welcome to the newsletter. This is a quarterly newsletter to keep you updated with Club news and achievements.

## NATIONAL AND REGIONAL SUCCESS

Our strong season in the pool is finishing with a flourish as we send our best wishes to five of our swimmers who have qualified for the British and English championships this summer.

Michael Foster, Luke Douglas and Mateusz Szopinski reached the top 24 nationally to compete in the British championships, following gold and silvers in the London regionals. Nathaniel Stratton and Joshua Monaghan-Coombs have also reached the English championships.

Luke and Mateusz currently sit in 9<sup>th</sup> and 10<sup>th</sup> place in the national rankings for 14 years 50m butterfly - the first time for a number of years we have had swimmers in the top 10 in the country.

## FUTURE CHAMPS GALA: BIG THANKS TO EVERYONE

We had a fantastic Future Champs gala on 14 June with close to 300 swimmers joining us at Glassmill. A big well done to the swimmers for lots of great swims, and an equally big thank you to the coaches, parents and volunteers who helped make the day run smoothly and create a wonderful atmosphere. One parent commented:

"I just wanted to say a big thank you to all the volunteers that made the gala yesterday the perfect swimming event. It was lovely to see how the next generation also stepped up and work their socks off."

We are always on the lookout for more helpers, so if this has "wetted" your appetite please don't hesitate to get in touch!

*Our Future Champs gala at Glassmill - 300 swimmers from more than 10 clubs*



## 40<sup>TH</sup> ANNIVERSARY PARTY: HOLD THE DATE!

Keep Saturday 5 December free for our 40<sup>th</sup> anniversary party and combined Awards night. We are looking for volunteers to help with the planning and for getting in touch with past members and friends. If you are interested please see Rozanne Ferrigan. Her email is [rozanneferrigan@hotmail.co.uk](mailto:rozanneferrigan@hotmail.co.uk) and phone number is 07760 247768.

## UP AND COMING GALA DATES

**LONG BUT SHORT GALA:** our successful 800m and 1500m open event is running again, on 17 October at Glassmill. Spaces are limited and we already have a waiting list for swimmers from other clubs. Please get your entry forms in by 1 September if you want to swim.

**CITY OF CAMBRIDGE OPEN MEET:** Over the weekend of 2-4 October in Cambridge, targeted at Competitive to Performance Squads. Deadline for entries 14 August.

**ORPINGTON OJAYS SEASON STARTER:** Also over the 3-4 October weekend at Medway Park, Gillingham. Aimed at pre-squad or higher, for those who don't have Cambridge times or cannot make Cambridge. Deadline is also 14 August.

## SAXON CROWN WINS GRANT FROM LEWISHAM

We have been awarded a three year grant from Lewisham Council, as part of the Lewisham Main Grant programme, to support and train coaching volunteers.

Volunteers (16 or over and living in Lewisham) will be mentored by Saxon Crown coaches and provided with opportunities to gain their Level 1 coaching qualification. They will be given opportunities to volunteer at our squad sessions (particularly Tiger Sharks) and also to support holiday "top up" sessions held for school students who need extra help to swim. If you are interested in finding out more details please contact Neil Amos (details below).

## OLYMPIANS VISIT US

Club night on Monday 29 June saw even more impressive swimming than usual, as we were joined by Olympians Joe Roebuck and Amy Smith for a training masterclass. Swimmers from Learn to Swim through to Performance met Joe and Amy, and got some good tips on how to make it to the top. Joe and Amy's visit was made possible by a donation from Deutsche Bank, whom we thank for their generosity.



## FEES FOR 2015/2016 SEASON

Following our annual fee review, you will shortly be receiving details of the fees that will apply for the 2015/16 season for each squad. These will come into effect from 1 September. Please can you adjust your standing orders accordingly if required.

The fees currently include the membership fees that we need to pay to the ASA each year for each swimmer. From 2016 we have decided that we will separate these fees and ask you to pay for them separately, as we have to pay for these in a lump sum and do not recoup our costs if a swimmer leaves part way through the calendar year. We will reduce monthly fees accordingly in January when we do this, and will let you know of the revised fees and details for making the ASA payment separately.

## AGM REPORTS

We held our AGM on 6 July. Reports from the Chairman, Treasurer, Head Coach and Secretary will soon be available on line at our website. The Club has grown close to 25% in the last 12 months and we also made a small financial surplus this year, which will give the Club more resilience. The committee thanked all parents, swimmers and coaches who have worked hard in 2014/15 to help move the club forward.

## NEW WELFARE SECRETARY

Many thanks to Kamla Adishesiah who was elected at the AGM as our new welfare secretary. Kamla can be reached at the email below if you have any questions or concerns about welfare at the Club:  
[kam.saxoncrown.welfare@gmail.com](mailto:kam.saxoncrown.welfare@gmail.com)

## SWIMMERS BRAVE THE COLD

Five of our hardest Performance and Masters squads' swimmers braved the cold and blustery conditions to enter the London Region Open Water championships at Surrey Quays on 12 July. They raced 1.5k or 3k and produced some very creditable performances - well done to all. Get in touch if you fancy trying next year.



### Contact us

Chair: Neil Amos ([neilamosuk@gmail.com](mailto:neilamosuk@gmail.com))

Secretary: Kathryn Kerr ([saxon@macdonaldkerr.co.uk](mailto:saxon@macdonaldkerr.co.uk))

Membership Secretary: [saxon.crown@swimclubmanager.co.uk](mailto:saxon.crown@swimclubmanager.co.uk)

NOTE NEW EMAIL ADDRESS

We're on the Web!

Visit us at:

[www.saxoncrown.org.uk](http://www.saxoncrown.org.uk)

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